

Weekly Menu

Sunday: Soup –Pork Vegetable **Salad** – Jell-O Fluff

Lunch: Roast Pork – simply seasoned and slow roasted, served with whipped sweet potato, and vegetable.

Dinner: BBQ Brisket Sandwich – slow roasted brisket, brushed with BBQ sauce, sliced thin and served on a bun, comes with fries.

Grilled Chicken Breast – served with vegetable.

Monday: Soup –Chicken Noodle **Salad** – Cucumber & Tomato

Lunch: Country Style Pork Cutlet – boneless pork cutlet lightly breaded and sautéed, finished in the oven and topped with country gravy then served with mashed potato, and vegetable.

Dinner: Meatloaf – Classic style like mom used to make served with mashed potatoes, gravy, & corn.

Tuesday: Soup – Corn Chowder **Salad** – Carrot Raisin

Lunch: Sweet N Sour Roast Pork Loin – pork loin slow roasted in a tangy sweet and sour sauce then served with fried rice, & peas and carrots.

Dinner: Chicken Pot Pie – Chicken, vegetables and potatoes baked in a creamy sauce, topped with pastry crust, then served with mixed vegetables.

Wednesday: Soup – Potato **Salad** – Vegetable Rice

Lunch: Coconut Shrimp – Six jumbo shrimp breaded with a coconut mix and deep fried until golden then served with French fries and Cole slaw.

Dinner: Roast Pork Enchiladas – shredded pork, caramelized onions in a creamy tomato sauce then rolled in flour tortilla, covered with cheese and baked then served with refried beans.

Thursday: Soup – Enchilada **Salad** – Tapioca

Lunch: Fried Catfish – cornbread coated catfish, deep fried golden brown, , served with mac n cheese, & vegetable.

Dinner: Baked Ham – pit ham sliced and served with roasted potatoes, & broccoli with cheese sauce.

Friday: Soup- Broccoli Cheese **Salad-** Ham & Macaroni

Lunch: Chef Salad – ham, turkey, shredded cheese, hard boiled eggs, tomato, avocado, & black olives served over a bed of mixed greens, comes with a muffin, and your choice of dressing.

Dinner: Tuna Noodle Casserole—Tuna with noodles and peas in a rich cream sauce, topped with buttered bread crumbs and baked until golden, served with a side of peas.

Saturday: Soup – Bean **Salad** –Fruit Fluff

Lunch: Spaghetti & Meatballs – homemade meat balls, simmered in marinara sauce, served over steamed spaghetti, served with garlic toast, and vegetable.

Dinner: Chicken & Mushrooms – grilled chicken breast, topped with sautéed garlic mushrooms, served with sweet potato and vegetable.

Most sauces can be served on the side and half portions are available.