



# August 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities in <b>BOLD BLACK</b> require residents to sign up for the event. The binder is on the counter by Maria's office.</p> <p>Special events are in <b>RED</b>.</p> <p>Lifelong Learning activities are in <b>GREEN</b>.</p>	<p>CC/CD - Classroom C or D CS - Coffee Spot LR - Living Room AR - Activity Room IDR - Independent Dining Room ADR - Assisted Dining Room ALT - Assisted 2nd Floor FLC - Family Life Center</p>	<p><b>1</b> 10:00 Exercise 4 Life-CC <b>10:00 Shopping: Hy-Vee</b> 12:30 Lunch Box-IDR 1:00 Balance Class-CC 1:00 Bridge Club 1:30 Trivia</p>	<p><b>2</b> 9:00 Rise &amp; Shine-CD 10:15 Yoga Fit 10:30 Bible Study-CD 11:00 Fit 4 Life-ALT 2:00 Taste of Trinity 1-2 Hearing by Carol 3:00 Wii Play-LR 7:00 Bingo</p>	<p><b>3</b> 10:00 Exercise 4 Life-CC 1:00 Balance Class-CD 9:00 Rise &amp; Shine-CD 2:00 Resident Meeting</p>	<p><b>4</b> 10:15 Fit 4 Life-ALT 11:00 Rosary-AR 1:30 Birthday Party-IDR 7:00 Bingo</p>	<p><b>5</b> 1:30 Movie</p>
<p><b>6</b> 9:00 Catholic Communion-AR 9:00 Lutheran Church Services-FLC 11:15 Lutheran Church Services-FLC 1:30 Movie</p>	<p><b>7</b> 9:00 Aerobics-CC 9:00 Rise &amp; Shine-CD 10:00 Welcome Committee 11:00 Fit 4 Life-ALT <b>11:15 Lunch Bunch: La Casa Pizzeria</b> 2:15 Choir Practice-CY 7:00 Bingo-ADR</p>	<p><b>8</b> 10:00 Exercise 4 Life-CC <b>10:00 Shopping: Target</b> 12:30 Lunch Box-IDR 1:00 Balance Class-CC 1:00 Bridge Club <b>1:30 Explorer's Drive</b> 7:00 Garden Club</p>	<p><b>9 ANB 9:00 - 9:30 AM</b> 9:00 Rise &amp; Shine-CD 9:00 Aerobics-CC 10:15 Yoga Fit 10:30 Bible Study-CD 11:00 Fit 4 Life-ALT 3:00 Wii Play-LR 7:00 Bingo-ADR</p>	<p><b>10</b> 10:00 Exercise 4 Life-CC 1:00 Balance Class-CD 3:00 Ambassadors of Grace 4:00 Village Chapel</p>	<p><b>11</b> 9:00 Rise &amp; Shine-CD 10:15 Fit 4 Life-ALT 11:00 Rosary-AR 7:00 Bingo</p>	<p><b>12</b> 1:30 Movie</p>
<p><b>13</b> 9:00 Catholic Communion-AR 9:00 Lutheran Church Services-FLC 11:15 Lutheran Church Services-FLC 1:30 Movie</p>	<p><b>14</b> 9:00 Rise &amp; Shine-CD 9:00 Aerobics-CC <b>10-1 Massages</b> 11:00 Fit 4 Life-ALT 2:00 Trinity Choir Musical Performance 7:00 Bingo-ADR</p>	<p><b>15</b> 10:00 Exercise 4 Life-CC <b>10:00 Shopping: Fareway</b> 12:30 Lunch Box-IDR 1:00 Balance Class-CC 1:00 Bridge Club 1:30 Trivia-AR</p>	<p><b>16</b> 9:00 Rise &amp; Shine-CD 10:15 Yoga Fit 10:30 Bible Study-CD 11:00 Fit 4 Life-ALT <b>1 - 3 Live Well and Go Fish</b> 2:00 RAC Meeting 3:00 Wii Play-LR 7:00 Bingo-ADR</p>	<p><b>17</b> 10:00 Exercise 4 Life-CC 1:00 Balance Class-CD 1:30 Paint and Polish-LR 6:00 Dick Sladky-LR</p>	<p><b>18</b> 9:00 Rise &amp; Shine-CD 10:15 Fit 4 Life-ALT 11:00 Rosary-AR <b>11:30 Friday Lunch Outing- Joe Tess</b> 7:00 Bingo</p>	<p><b>19</b> 1:30 Movie</p>
<p><b>20</b> 9:00 Catholic Communion-AR 9:00 Lutheran Church Services-FLC 11:15 Lutheran Church Services-FLC 1:30 Movie</p>	<p><b>21</b> 9:00 Rise &amp; Shine-CD 9:00 Aerobics-CC 11:00 Fit 4 Life-ALT <b>11:30 Lunch Bunch: Petrow's</b> 2:15 Choir Practice-Cy 7:00 Bingo-ADR</p>	<p><b>22</b> 10:00 Exercise 4 Life-CC <b>10:00 Shopping: Family Fare</b> 12:30 Lunch Box-IDR 1:00 Balance Class-CC 1:00 Bridge Club-CS <b>1:30 Explorer's Drive</b> 6:15 Pet Therapy</p>	<p><b>23 ANB 9:00 - 9:30 AM</b> 9:00 Aerobics-CC 9:00 Rise &amp; Shine-CD 10:15 Yoga Fit 10:30 Bible Study-CD 11:00 Fit 4 Life-ALT 3:00 Wii Play-LR 7:00 Bingo-ADR</p>	<p><b>24</b> 10:00 Exercise 4 Life-CD 11:00 Flu Shot Clinic Education 1:00 Balance Class-CD 4:00 Village Chapel</p>	<p><b>25</b> 9:00 Rise &amp; Shine-CD 10:15 Fit 4 Life-ALT 11:00 Rosary-AR 3:00 Social with Aaron Shoemaker 7:00 Bingo</p>	<p><b>26</b> 1:30 Movie</p>
<p><b>27</b> 9:00 Catholic Communion-AR 9:00 Lutheran Church Services-FLC 11:15 Lutheran Church Services-FLC 1:30 Movie</p>	<p><b>28</b> 9:00 Aerobics-CC 9:00 Rise &amp; Shine-CD <b>10-1 Massages</b> 11:00 Fit 4 Life-ALT 2:15 Choir Practice-CY 7:00 Bingo-ADR</p>	<p><b>29</b> 10:00 Exercise 4 Life-CC <b>10:00 Shopping: Target</b> 12:30 Lunch Box-IDR 1:00 Balance Class-CC 1:00 Bridge Club-CS 1:30 Trivia-AR <b>7:00 BUNCO</b></p>	<p><b>30</b> 9:00 Rise &amp; Shine-CD 9:00 Aerobics-CC 10:15 Yoga Fit 10:30 Bible Study-CD 11:00 Fit 4 Life-ALT 3:00 Wii Play-LR 7:00 Bingo-ADR</p>	<p><b>31</b> 10:00 Exercise 4 Life-CD 1:00 Balance Class-CD 2:00 Ice Cream Social-LR</p>	<p><b>Happy Birthday!</b> Lucas Neil - 1st Donna Hoxie - 4th Dorothy Fuls - 4th Erma Jackson - 8th Brittany Sindelar - 8th Della Sheets - 9th Duane Klug - 9th</p>	<p><b>Happy Birthday!</b> Jody Baratta - 10th Mary Friend - 11th Shirley Lewis - 11th Maddy Hiatt - 19th Ted Reibold - 20th Gracia Anderson - 27th Jo Brong - 30th</p>