



# CLARK JEARY

MENU FOR WEEK OF SEPTEMBER 24, 2017

	<b>Breakfast</b> Served 7 a.m. – 8 a.m. Continental 8:30 a.m. – 10 a.m.	<b>Lunch</b> Served at 12:15 p.m.	<b>Dinner</b> Served at 5:30 p.m.
	Your Choice: Coffee, De-Caf, Iced or Hot Tea, 2% or Skim Milk, Orange, Apple, Cranberry or Grape Juice	Lunch served with Lettuce Salad, Gelatin or Cottage Cheese & Fruit every day	
<b>Sunday</b> September 24	Assorted Cereals Eggs Bacon Danish Roll Toast	Oven Fried Chicken Mashed Potatoes & Gravy Brussel Sprouts Dinner Roll Cherry Pie (Ice Cream – AV only)	Lumberjack Vegetable Soup Roast Beef & Cheese Sandwich Strawberry Mousse OR Apricots
<b>Monday</b> September 25	Assorted Cereals Eggs Sausage Hashbrowns Oatmeal w/ Raisins Coffee Cake, Muffin, Toast	Hungarian Pork Chop Scalloped Potatoes Beets Strawberry Shortcake	Tater Tot Casserole Carrots Ice Cream Novelty OR Pears
<b>Tuesday</b> September 26	Assorted Cereals Eggs Bacon Waffles French Toast Toast	Cheese Manicotti w/ Meat Sauce Mixed Vegetables Breadstick Key Lime Pie	Deluxe Turkey Sandwich Pasta Salad Cookies OR Mandarin Oranges
<b>Wednesday</b> September 27	Assorted Cereals Eggs Bacon Sausage Gravy & Biscuit Donuts Toast	Grilled Marinated Chicken Thigh Macaroni & Cheese Zucchini Blueberry Buckle	Reuben Sandwich Chips Pickle Spear Baker's Choice OR Peaches
<b>Thursday</b> September 28	Assorted Cereals Eggs Sausage Hashbrowns Cook's Choice Pastry Toast	Open Face Hot Beef Sandwich Mashed Potatoes & Gravy Corn Boston Cream Pie	Creamy Chicken & Wild Rice Soup Egg Salad Sandwich Homemade Cookie OR Banana
<b>Friday</b> September 29	Assorted Cereals Eggs Bacon Pancakes Toast	Lemon Pepper Sole Baked Potato Green Beans Pineapple Cheesecake	Turkey Corn Dog French Fries Gherkins Pumpkin Bar OR Fruit Cocktail
<b>Saturday</b> September 30	Assorted Cereals Eggs Sausage Hashbrowns Donuts Raisin Toast, Toast	Creamy Ham & Noodle Casserole Peas & Onions Ice Cream	Chicken Caesar Salad Dinner Roll Assorted Desserts

# ALA CARTE MENU

Available for Noon and Evening Meals

## Soups:

Chicken Noodle  
Tomato  
Vegetable

## Salads:

Tossed Salad  
Fruited Gelatin  
Cottage Cheese w/ Fruit  
Dish of Fruit  
Chef Salad (Large or Small)

## Entrees:

Tilapia Fish  
Hamburger  
Fried Chicken  
Cheeseburger  
Sliced Turkey  
Hot Dog

## Sandwiches:

Egg Salad  
Cold Cheese  
Bacon, Lettuce & Tomato  
Peanut Butter & Jelly  
Grilled Cheese  
Cold Meat Sandwich

## Sides:

Mashed Potatoes  
Baked Potato  
Cook's Choice Vegetable  
Chips (various)

We appreciate one hour notice for substitutions

To make menu changes, please dial 4100  
or stop by the office